

FLEXIBLE PLAY ON ORTODON PUZZLE MATS, TWISTER SET

Aims:

- Contribute to the development of coordination and balance
- Improve skills of dexterity, attentiveness, flexibility and endurance
- Increased physical activity and overall performance
- Form an interest in systematic physical exercise



Add fun to any company or family evening with a flexible

play on ORTODON puzzle mats – TWISTER that will make you tie yourself in a knot!

Rules of the game:

Roll the cubes and name the action (body part and color that fell on the cubes). All players at the same time must move this part of the body of the named color to the appropriate mat as quickly as possible!

When playing for 3 or more players: players choose a leader who will roll the cubes and call the next action.

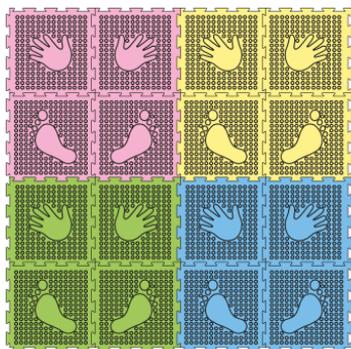
When playing for 2 players: players roll the cubes in turn.



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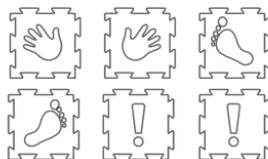
How to play

Assemble the playing field of ORTODON puzzle mats «Herringbone» «Palms» in any order. For children from 2 to 5 years old, we recommend collecting in the following order:

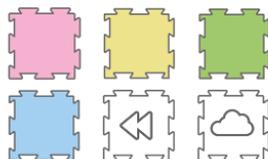


From the smaller puzzles, assemble 2 cubes, connecting the faces according to the fasteners: 1 cube – body parts, 2 cubes - colors and tasks.

Cube 1



Cube 2



Notation on cubes



Any arm or any leg



Rewind! Return to the previous position



Air! Lift the named body part into the air

instead of placing it on the mat. If some part of your body is already at the top, and the image of the «cloud» falls out again, move this part of your body to any empty mat and perform a new task.

3+

Puzzle mats maintenance recommendations:

- Puzzle mats sanitizing is done with 3% hydrogen peroxide solution or soap-soda solution.
- After treatment wipe the product and dry it away from heating devices and sunlight.
- Do not use abrasive cleaners.

It is recommended to provide training activities with children while playing, with music and verses.

 **ORTODON**

Developed by ORTODON

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